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Health fair Photo

Photo: Lt. Sam Robinson

T.R.U.S.T. Fellows Hold Health Fair

In spite of a chilly morning, hundreds of prisoners lined up, listening to lectures from doctors, nurses, and counselors on how to practice wellness while incarcerated, and upon release.

More than 80 health care volunteers donated their time and services to check blood pressure,

offer eye examinations, and give chiropractic aid to prisoners.

These were among some of the services of the 8th Annual Health Fair on the Lower Yard.

Sponsoring the event was Teaching Responsibility Utilizing Sociological Training

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Jeanne Woodford On the Death Penalty

Editor's Note: This is the second of a series of articles on the Aug. 2 interview Editor-in-Chief Michael R. Harris conducted with Jeanne Woodford, a former San Quentin warden and former chief of the California Department of Corrections and Rehabilitation.

Since this interview, the bill to abolish the death penalty in California was withdrawn because of lack of support in the legislature.

The bills backers are refocusing on a campaign to get the measure on the 2012 ballot to allow voters to decide.

The proposed measure would take 100 million dollars from state coffers—the estimated savings in abolishing the death penalty—and create a fund for use by the attorney general to help solve more of the states rapes and homicides.

The measures backers are betting that by linking the savings from an overly expensive death-penalty mechanism to better funding in public safety, they can entice voter support.

What achievements are you most proud of as a public servant of the State of California?

That's such a hard question to answer because I was at San Quentin for a long time and I think that there were many people who contributed to changing the culture at San Quentin. So, when I first started there walking through that prison was a very difficult thing to do in 1978 – being one of the first women there. It was very difficult.

Inmates weren't used to women staff inside those walls, so I could say that I was a part of a

change in culture at that prison, not just myself, but Susan Hubbard and other people who worked at that prison. So, I'm proud that we were a part of all that. I'm also proud of the fact that we managed to expand the amount of people

and volunteers coming in the prison, and I do think we raised those numbers significantly. And, I say we, because it wasn't me, it was staff and you guys stepping up to the plate.

The example I give is when the veteran's group designed that whole veteran's program. I met with them and I said, "I want you guys to do more. I want you to get the Veterans Administration coming in here." I didn't do any of the work. You guys did the

See *Anti-Death Penalty* on Page 4



File Photo

Jeanne Woodford

NASA to Start Program With S.Q.'s Machine Shop

By MICHAEL R. HARRIS
Editor-in-Chief

NASA Ames has picked San Quentin for an important training program to manufacture a platform that will enable hundreds of science projects on a single launch vehicle during space flights.

Acting Warden Michael Martel joined NASA Ames administrators on a tour of San Quentin's vocational machine shop. Included were Charles "Chuck" Duff, Ames Center deputy director; Adriana Cardenas, associate director of engineering who is the liaison to San Quentin, Gary Martin, director of partnerships, and John Yembrick, public affairs director.

The shop's lead man, Duane Butler, guided the guests around the shop, explaining how students become familiarized, and learn a range of complex machines used in the fabrication of various products. The NASA Ames directors said they were amazed by the assortment of equipment prisoners had on



Photo: Lt. Sam Robinson

Acting Warden Michael Martel signing Nasa contract

hand to teach them the finer aspects of machining.

Michael Villanueva, who is in charge of shop safety, explained the monthly training and meetings held for students in order to receive information about hazardous materials and shop safety procedures.

"Every student has to pass the safety test specific for a particular machine before operating it," he said, "An 80-hour orientation safety program is given to each student."

There was a signing ceremony authorizing the partnership/training program, punctuated by prisoners' applause.

Prisoners will be taught "work that is directly germane to what this county needs done" in order to continue a cost-effective space program, said Duff.

In a recent San Quentin visit, the State Undersecretary for California Prisons, Scott Kernan, discussed such projects. He said California is working to im-

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S.Q. 9/11 Memorial Honors The Fallen

By ARNULFO GARICA
Staff Writer

San Quentin marked the 10th anniversary of the 9/11 attacks on America with a ceremony honoring those killed in the terrorist attacks and correctional officers killed in the line of duty.

Inmates were locked down so correctional officers could attend the ceremony in the Plaza area between the chapels and Adjustment Center.

The San Quentin Honor Guard launched the ceremony by raising the American flag, then lowering the Stars and Stripes to half-staff at the Memorial Flagpole, accompanied by a trumpeter playing Amazing Grace.

Acting Warden Michael Martel gave a brief message honoring San Quentin's 13 fallen staff. He said, "These members served proudly with honor and will never be forgotten."

Prison staff member Heidi Brown said, "This event brings



Photo: Lt. Sam Robinson

San Quentin Color Guard

all staff together, not only to remember the victims and families of 9/11 – but to honor the 13 staff members who lost their lives in the line of duty, at San Quentin."

Correctional Peace Officer's Association President, Frank McNeal presented a memorial wreath, assisted by two other officers..

Muslim Chaplain Imam Quazi Kawsar Hossain gave a brief message and prayer citing Islamic customs. Hossain said, "There is a tradition in Islam where the prophet Mohammad (peace be upon him) said, 'All of creation is the family of God.' So those who are most beloved to God are those who are best to his family. Those who harm

the creation, those that cause injury upon his creation, cannot be beloved to God."

"I reflect on this incident, and look at the devastation and destruction that was the result of this. The people thought that it was right, but they didn't take the time to ask themselves, 'Is this right with Allah?'" Hossain concluded. After 30 seconds of silence, there was 30 seconds of sirens from the San Quentin fire engines.

The Wall Post 1 guard station rang the count bell 13 times in memory of the 13 fallen employees, then fired a 21-gun salute.

The services concluded with a rendition of Taps by two trumpeters.

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Group Looks to Youth for Peace

By MICHEAL COOKE
Journalism Guild Writer

Imagine if your child's nightly lullaby were the staccato of machine gun fire or that their playground was littered with limb-rendering landmines.

This is the reality for many children caught up in war-torn areas around the globe.

Amala Foundation's One Village Project is an effort to create a "global" village, uniting youth (13 to 18) in the U.S. with local youth in locations around the world. They promote cultural awareness by developing a youth community established on equality, peace, and honesty, and encouraging service to others.

Youth develop skills in communication and conflict-resolution while discovering numerous methods to be of service to the world. In fostering a global community, 16.5 million youth in the U.S. participate as a part of immigrant and refugee families, often fleeing poverty and the persecution of brutal civil wars or religious intolerance. According to a 2008 survey by the Anne E. Casey Foundation, 49 percent of these youth are living below the poverty level.

Vanessa Stone is a member of the Amala Foundation and a volunteer at San Quentin. "In my day to day life I feel blessed. I feel fulfilled in my heart. I feel

unity and the presence of God here. People who've come together who normally wouldn't," she said. "I was 24 [when] it really started with a group of people who tried to deepen spirituality. I thought it would be great to have an assignment [with] a group of spiritual people."

One Village's unique model of leadership is based upon "love, respect, honesty and community." The youth learn to discover themselves through the eyes of "equality and acceptance," cultivating unity in diversity.

The Amala Foundation hosts an eight-day Global Youth Peace Summit conference inviting youth from around the globe to unite as "peace leaders" for the world community. The youth emerge from the summit as "Peace Leaders" inspired to serve in the world and in their local communities.

The One Village Project works include helping the elderly, the homeless and young children. Amala collaborates with advocacy agencies to provide refugee and immigrant youth with opportunities to take part in a program of international and local youth united by a mission of healing and peace.

Amala seeks sponsors from among local businesses and individuals. Their goal is to ensure that youths from every

socio-economic, cultural and religious background have an equal opportunity to become peace leaders.

"I experienced a lot of suffering in my youth. I felt like a victim, like, 'Why me?' My inner voice suddenly changed and I experienced a shift when I realized that I had to lead a life of service. The personal experiences in my life of service have taken me all over the world, from rural African villages to here at San Quentin. I've worked where most others wouldn't want to go," said Vanessa Stone

The San Quentin activity group, Champion for the Children, has partnered with the Amala Foundation to give youth an opportunity to heal from the wounds of war and violence. Champions for Children organized a walk-a-thon on May 15 to raise money for youth to attend the summit. They were able to bring up 100 people from the outside to walk with 300 inmates for the weekend event. The program began with a day long retreat with Vanessa Stone on May 14.

Gino, a 53-year-old member, stated. "This is an opportunity for us to get out of ourselves and focus on the needs of others. I get the chance to work with my brothers in blue and become one in heart and mind with them to serve as one..."



Photo: Lt. Sam Robinson

Steve McNamara, Joan Lisetor and John Eagan

S.Q. Journalist After 41 Years

By JUAN HAINES
Staff Writer

Forty-one years ago, a young reporter's story about the living conditions at San Quentin caused its warden to defend his treatment of prisoners.

Joan Lisetor's 1970 interview of San Rafael attorney Salle Seaman Soladay caused then Warden L.S. Nelson to respond to the attorney's assertion, "Leading a safe, everyday life you don't know the horrors of prison. When you have been into a prison, it is a moral obligation not to walk out without attempting to change the conditions...the public must be made aware...society has no idea what happens inside prison. Wardens are careful not to let out information, and no one will listen to a con. The public assumes what happens is what is supposed to happen."

Nelson refuted these claims in an editorial entitled, *Warden Attacks Lawyer's Report*: "I do not normally reply to irresponsible statements made by people seeking publicity for some cause best known to them. However, the statements made in an article on the subject, 'Prison Conditions,' in the Dec. 11 issue of the Independent Journal are so far removed from facts that in fairness to the staff and men of San Quentin, a reply must be made." Nelson then countered

each "Statement" made by Soladay with what he described as "Fact."

Lisetor continued to work as a reporter for the IJ until 1979. She then moved on to teach journalism at the College of Marin, and was a member of the Marin County Board of Education, which facilitated the educational programs in San Quentin.

She came into the prison sometime in 1981 to watch a graduation. She was introduced to the managing editor of San Quentin News, Joe Morse, who convinced her to assist the paper as a publication adviser. Lisetor said Morse was a "great guy" who was instrumental in producing a newspaper every two weeks. However, Lisetor commented, "The paper was shut down around 1984 after the U.S. Supreme Court ruled that prison newspapers could not be censored." Nevertheless, Lisetor has never been discouraged about her mission – to teach journalism techniques to prisoners in all the state's prisons.

After 24 years of being out of print, then Warden Robert Ayers Jr. allowed John Eagan to reactivate the paper in 2008. A short time later, Steve McNamara and Lisetor joined Eagan as advisers.

Lisetor is running for the 2011 Marin Community College District Board of Trustees.

Governor Appoints New Parole Board

Gov. Jerry Brown announced the following appointments to the Board of Parole Hearings:

Dan Figueroa, 60, of Blythe. Figueroa worked at Chuckawalla Valley State Prison as a correctional counselor from 1996 to 2010. He is a Democrat.

Jack Garner, 67, of Gold River. Garner served as a board commissioner since 2005. He was a senior law enforcement consultant to the Commission on Peace Officer Standards and Training from 1990 to 2005. Garner is registered decline-to-state.

Howard Moseley, 44, of Sacramento. Moseley was a deputy attorney general in the Criminal Law Division of the California Department of Justice from 1996 to 2004. He is a Democrat.

John Peck, 54, of Sutter Creek. Peck has served as a board commissioner since 2009. He also served as a retired annuitant deputy commissioner with the board from 2007 to 2009 and as a correctional officer in the California Department of Corrections and Rehabilitation from 1983 to 2007. Peck is a Democrat.

Michael Prizmich, 66, of Plymouth. Prizmich has served as a board commissioner since 2007. Prizmich is a Republican.

Terri Turner, 56, of West Sacramento. Turner has served as a retired annuitant deputy commissioner with the board since 2008. She retired as a regional adult parole administrator in the California Department of Corrections and Rehabilitation in 2007 after serving there since 1980. Turner is a Democrat.

Parole board commissioners' annual compensation is \$111,845.

Volunteer Speaks on Importance of Financial Literacy Group

By AUTUMN KRUSE
Certified Financial Planner
San Quentin Volunteer

My father works to get people back into the job market from however they fell out of it: Prison, homelessness, mental illness, drug abuse, bad luck--you name it.

It's easier when clients are committed to being done with living outside the system, he would say. But he would complain to me privately, "How am I supposed to help people get on their feet if they can't read? That's a hard sell to employers."

Many prisoners can't read and write, so I decided to vol-

unteer at a nearby prison. My family did some prison church work when I was small, and we had a social circle that included ex-felons. Because of that, prison work does not alarm me the way it does some people. Math and reading are things I know well, so it seemed a good fit.

While tutoring with Free to Succeed, a G.E.D. program held at San Quentin, I met an inmate tutor named Del Banjo. Banjo mentioned a self-help program that he and others were developing. It would be an Inmate Leisure Time Activity Group (ILTAG) named Members of a Modern

American Society (MOMAS).

MOMAS would focus on financial literacy with the aim of preparing inmates to reenter society with life skills. It was also intended to reduce recidivism. The group was modeled after adult education classes, and taught by professionals in those fields.

The group needed volunteer teachers with professional credentials. It didn't take much convincing, after a couple of meetings I realized that I could put my financial planning skills to practical use inside San Quentin.

MOMAS hopes to level the playing field. I am not ex-

aggerating when I say that a graduate, if he applies himself to learn everything in the lectures and books, will end up significantly more knowledgeable than most middle-class Americans.

He will be too sophisticated to be intimidated by banks, taxes, investing or financial jargon. He will also be less susceptible to the scams of predators outside the mainstream financial system. Nor will he be intimidated by job interviews. Through hard work and focus, he will come to know that his *current* work and life experience are already valuable to both

the job market and in opening a business of his own.

I support MOMAS for the good of each individual inmate, as well as society as a whole. Knowledge and training promotes public safety. I strongly believe that what's good for one is good for the other. The class of society that is "ex-felon" is large and getting larger. The more this class consists of Members of Modern American Society, especially financially, the bigger and more persuasive this class' voice will be, and society will be better for its perspective.

Hitland Brings Festivities to Lower Yard



Photo: Lt. Sam Robinson

Hitland booths on the lower yard

By **RICHARD RICHARDSON**
Staff Writer

It's one of San Quentin's favorite events, featuring hot dogs and music. They call it "Hot Dog Day," with free entertainment provided by the volunteer Hitland group.

LIVE ENTERTAINMENT

At 8:30 on a chilly morning, the Hitland crew and inmate helpers prayed over the food before serving hundreds of anxiously awaiting inmates. Residents of H-Unit and North Block danced and applauded as the live entertainment performed. The taste of entertainment extended from Christian rap to poetry.

Hitland leader Brad "Doc" Walker promotes the aim of breaking down barriers and raising awareness about the love of God. Volunteer Kirk Lang

helped set up the stage, noting that he and "Doc" became friends when their children performed in school plays together.

Lang also works with the Grave Robbers theatrical group, which includes several churches in chapel performances.

Other Hitland volunteers included Walker's son, Kyle Walker, Tommy Brown, Al Chavez, Lorraine Nadeau, Andrea Brown, Marya Morgan, and Kindra Ponzio.

GRAVE ROBBER

Kyle Walker stated that he grew up around the Hitland environment and participates in the Grave Robbers also. "It is a family thing and every week is like a carnival when we set up for these types of events," he said. "God hasn't opened the door to the women prison yet, but it's just a matter of time."

Andrea Brown, who is going to school to become a dental hygienist, has been with Hitland for seven years. She said that the first time she came into San Quentin "was scary." But when she left that day, she said she was in tears because she was overwhelmed with so much joy and happiness.

VOLUNTEERS SPEAK

Lorraine Nadeau is also involved in Grave Robbers and other programs, such as the Pregnant Council Center in her area. She said San Quentin was a scary place when she first came in 1978, "but the love for Christ" brought her back.

Marya Morgan and Kindra Ponzio works for K-LOVE-FM Radio 107.3, a Christian rock station that has many programs. Morgan, the public affairs director, said this was her first time to San Quentin. She helps former prisoners at Big Bob's Burger Joint in Arkansas enter back into society.

"With each visit to San Quentin, I'm more convinced of the triumph of the human spirit," Morgan said. "The men I've met are truly amazing in their response to self-help opportunities. I hope to inspire K-LOVE listeners to break *into* prison, to get past the stereotypes, to care about a man's human potential, even if his crimes earned him a life sentence. Valuing a convict,

investing in him: this is what Jesus meant when He said, 'I was in prison, and you visited me.'"

Kindra Ponzio active in a group called Youth for Christ, which helps girls in Fresno juvenile hall become positive examples for other young girls. This was her third time at Hot Dog Day and fifth time in S.Q., including her participation in the Grave Robbers.

PROGRAMING HELPS

Ponzio stated, "I am always in awe and honored to be able to come in behind the doors of the Q. With all the programs these guys go through, and the energy they put into becoming better human beings, is amazing. So many of these men are here for a long time-- many for life. But it is humbling to see how much they want to become the best that they can be even though they are

here. Their goals much of the time is to influence the younger ones whose visit may be shorter. There is so much positive mentorship that is surprising, given the location. If we could figure out a way to give these guys the same mentorship outside, there would be less of a need for it inside. I am honored to meet these gentle men and call them friends."

Allen Boxall commented, "I found it inspirational to come meet some of the men at San Quentin and see their hearts, hear their stories and witness a transformed human sharing how they have come to this place. It has been an honor to be able to visit here and meet these men, and to learn about how they find opportunities to learn about their mistakes and how they hope to help others avoid the path they went down."



Photo: Lt. Sam Robinson

Inmates prepare hotdogs

State Supreme Court to Review Marcy's Law

By **STEPHEN LIEBB**
Staff Writer

The California Supreme Court will decide two issues that are critical for lifers appearing before the Board of Parole Hearings.

The court will decide whether the provisions of Marsy's Law, which sets the minimum parole denial period at three years and the maximum at 15 years, are unconstitutional because they retroactively increase the punishment for a crime.

The court will also determine whether the board may deny parole based upon a lack of insight when the inmate has accepted full responsibility for the crime and shown remorse, but gives an account of the crime that differs from the official version.

The state Supreme Court will decide whether the provisions of Marsy's Law may be applied to prisoners who committed their crimes prior to its enactment in December 2008.

The Supreme Court decided

to review two cases in which prisoners argue that applying Marsy's Law to their parole hearings violated both the U.S. and California Constitutions, which prohibit the application of ex post facto laws. A law that retroactively increases punishment for a crime violates the ex post facto clause. The court granted review of this issue in the cases of *In re Vicks* and *In re Russo*.

The Supreme Court will review four cases to determine when the board may properly use a

prisoner's lack of insight as a basis to deny parole. Several lower courts have concluded that when a prisoner has acknowledged the material aspects of their crime, shown an understanding of its causes, and demonstrated remorse, then the prisoner's version of the crime is not a basis for concluding that there is a lack of insight into the crime's causative factors. The Supreme Court granted review of this issue in *In re Adamar*, *In re Shaputis*, *In re Macias*, and *In re Russo*.

A Supreme Court ruling on these issues is necessary to bring uniformity to the law because of conflicting decision from various California Courts of Appeal. In addition, The United States Court of Appeals for the 9th Circuit will decide whether Marsy's Law violates the ex post facto provisions of the state and federal constitutions. The 9th Circuit has granted review of this issue in these cases, *Petrich v. Marshall*, *Coleman v. Hartley*, *Saffold v. Hartley*, and *Liebb v. Cullen*.

San Francisco Reviewing Legislation to End Offender Discrimination

By **MICHEAL COOKE**
Journalism Guild Writer

San Francisco and the federal government are grappling with the question of whether private employers should have the right to discriminate against job applicants with criminal records.

The Reentry Council is urging San Francisco to bar private employers and landlords from discriminating on the basis of a persons arrest or conviction record. The proposal would allow employers to consider criminal records when they are directly relevant: schools would not have to hire sex offenders, for example.

San Francisco's Human Rights Commission has joined the Re-

entry Council in calling for reform, because it has become increasingly tougher for ex-felons to find employment. High unemployment allows employers to be highly selective, and any brush with the law can be a disqualifier. About one in four adults in California has an arrest or conviction that shows up on a criminal background check.

Employers are far more likely to do criminal-background checks than they once were. According to the Society of Human Resource Management, 92 percent of employers did some kind of pre-employment background check in 2010, up from 51 percent in 1996, according to Time magazine.

San Francisco was among the first to acknowledge the rights of gay people, and it has passed a law making it illegal for employers to discriminate on the basis of height or weight. "San Franciscans are finding ourselves at a familiar moment, looking at a population differently than other people do," says Jessica Flintoft, reentry policy director of both the Reentry Council and the public defender's office.

Some states, including Hawaii and Massachusetts, already have safeguards for former inmates. San Francisco is still drafting legislation and having public hearings.

San Francisco's decision to consider making ex-prisoners a

protected class has been causing controversy and raising hackles among many conservatives. Fox News recently announced that the idea was fomenting "outrage" and declared that critics were calling the plan "a crime in itself."

The idea of giving protection to ex-felons, however, also has some law-and-order backers, including San Francisco District Attorney George Gascón. He insists that helping ex-prisoners obtain jobs and abandon their lives of crime makes the city safer. "These people are in the community regardless," he says. "Do we want to marginalize them and keep them on the edge?"

The federal Equal Employment Opportunity Commission (EEOC) held a hearing last month in Washington, D.C. The subject was whether existing federal law allows employers to consider job applicants' criminal histories.

The EEOC says the use of criminal records in employment matters can constitute racial discrimination, because minorities are more likely than whites to have criminal records. The commission has long-standing guidelines saying that employers must take into account the age, seriousness and relevance of a person's criminal record before they consider it in a hiring decision.



Photo: Lt. Sam Robinson

NASA Officials tour machine shop NASA Selects S.Q.

Continued from Page 1

prove partnerships with outside organizations and businesses to help fill the training void created by budget cuts. The NASA project is an example of that initiative, he said.

San Quentin's machine shop is the only one in the California prison system with the capability of manufacturing metal projects right from the casting stage.

Machine shop instructor Richard Saenz said NASA learned of the San Quentin potential after its students won a top prize in a 2008 state fair competition for manufacturing a magnetic wave machine, Saenz commented, "The association with NASA will allow me to train the students for today's standards. It's about providing opportunities for the students. I want to see them succeed. I would like to see them in society doing positive things."

"There are a maximum of 27 students enrolled in the machine shop training, and there is always a waiting list," Saenz said.

NASA Ames offers to teach prisoners highly technical and marketable skills while manufacturing the P-Pod at San Quentin. "You need to build prototypes – you need to check size and fit. These tools do an awful lot to make more possible in a shorter time frame at a much lower cost. That's important to us," said Duff.

The P-Pod is a space-based scientific testing platform. Al-

though the P-Pod program at San Quentin will not produce space flight hardware, San Quentin's P-Pod will be used for testing and accuracy of the final product.

When asked specifically about making this training available to some of the most disenfranchised people in society, Duff said that NASA Ames is trying to reverse this trend beginning at San Quentin. Duff said that the objective is to find people who want to be in this hightech field and to provide them with an opportunity to gain skills that will enhance their employability. The P-Pod training program will allow prisoners to do this.

"The skills that you're developing are useful around a wide array of employment opportunities. It's not about where you've been; it's about where we're trying to go. This is an opportunity for people wanting to be together and going together. I got a good feeling about this," Duff said.

NASA Ames officials said they are looking forward to coming back to San Quentin to get the program started.

Ames, Aeronautical Laboratory was established in 1939. It is located at Moffett Field on the border of Sunnyvale and Mountain View, south of San Francisco. NASA Ames head is Pete Worden.

—Juan Haines contributed to this story.

Anti-Death Penalty Group

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work. I think you have a model program that I hope continues to this day.

Also, the opening up of the success dorm, I know that it's been renamed something else, but I think the idea of letting people know that we cared about what they do while they're incarcerated and that we believe that everybody that walks out that gate isn't the same. There are individuals who know they made a mistake, who genuinely come in the prison system trying to improve themselves and see themselves as a productive member of society and we need to acknowledge that and reward that. Just walking down the streets of San Francisco, I've had

moms come up to me and say, "Aren't you the..." and I'd say, "Yes, I'm the warden." "Oh, my son went through that program, and he's such a changed person." So, I know that impacted people. Just getting the community and law enforcement to understand, that there are many people who come into the prison system who want to leave a better person was an important milestone for San Quentin that I was a part of with the help of all the staff there.

Are you frustrated about what happens at San Quentin has not spread to other prisons at the rate that you'd probably like it to?

Yes, but at the same time, after going around to all the other

Health Fair

Continued from Page 1

(T.R.U.S.T.), which teaches a pro-social curriculum to the general population of San Quentin.

T.R.U.S.T. provides a variety of services to San Quentin and the surrounding communities, including sponsoring the Richmond Project.

The Richmond Project consists of concerned community members who strive to educate, bring resources to the community, and reduce the violence in the city of Richmond.

The organization also has an alliance with Alameda County Health Department through Dr. Arnold Chavez and Michael Shaw. They teach the benefits of healthy living to the men of San Quentin with the intent of passing these lessons to their friends, family and community.

T.R.U.S.T. donates to various organizations, including the Youth Employment Program and the Richmond School District's essay writing contest. This year's writing contest asked high school students: "If you can change anything in your community, what would it be?" The top three winners were awarded gift certificates.

Community organizations which receive T.R.U.S.T. support include National Trust, Sonoma State University, Hitland Ministries, Urban Strategies, Health Oakland, and Project Choice.

It also supports local college internships for students majoring in the humanities.

The health fair provided information booths on:

- alcohol and drug abuse
- HIV/AIDS & STD
- hepatitis prevention
- prostate cancer
- diabetes/smoking
- asthma
- mental health



Photo: Lt. Sam Robinson

Inmate getting vitals taken

"History plus culture equals values. Values determine lifestyle and behavior. If we can enhance one's values from negative to positive, we can turn liabilities into assets, which is the T.R.U.S.T. main objective and primary goal," said T.R.U.S.T. Chairman Darnell Hill.

Also, staffing information booths were representatives of Samuel Merritt Nurses Advance Directive Project, Asian Health Services & Asian Pacific Islander Community, and San Quentin Healthcare Services.

"Advance Directives are important for everyone. Whether you are in prison or outside, you have the right to choose the kind of medical care you want if you are too sick or injured to speak for yourself," said Spring Cerise, a nurse at Samuel Merritt University.

Prisoners Robert Morales and Robin Guillien managed the alcohol and drug abuse booth. Guillien said, "Addiction Recovery Counseling (ARC) provides group counseling, individual counseling, education classes, and 12-step meetings. After the prisoners graduate from the (16-week) program, they are provided after-care treatment on Wednesday nights, where they have access to outside resources that assists their reentry into society."

Morales added, "It is important for the general population to know that there's a place for them to come and address their addiction problems in confidence."

Guillien and Morales are state certified drug counselors.

Cathi, one of the dental volunteers, says, "It's important to brush the gums to avoid gum disease. Brushing twice a day,

brushing and flossing are important for healthy teeth, and it is important to brush your tongue."

Dr. Martin Penn of UC San Francisco said, "Prostate cancer tests should begin around age 40. Colonoscopy is the test used to detect colon cancer. Researchers have determined that the best way to detect prostate cancer is what is called a Prostate Specific Antigen (PSA) and Digital Rectal Exam (DRE) test performed in combination. "I want to make sure people are as informed as possible of their own health. Particularly related to prostate cancer," Penn said.

About 20 Spanish-speaking prisoners sat for a lecture by prisoner Alfonso Carranza and learned about HIV/AIDS and STD.

There were demonstrations of yoga and testing for cholesterol and glucose levels.

Information was provided regarding housing, employment, mental and physical health in Oakland by Earl Jacobs, Healthy Communities. Jacobs said, "Between 15 and 20 of our employees were formally incarcerated. Our IT director, John Holman, was formerly incarcerated."

Healthy Communities works closely with Volunteers of American to teach life skills.

"My presence in S.Q. is one of community. Community is divided into two words, 'com' and 'unity.' When I saw the people coming inside here, I saw community. They came in unity," said Healthy Communities volunteer Marlene C. Hurd. Hurd is also a commissioner on the Oakland Housing Authority.

—Members of the San Quentin Journalism Guild contributed to this story.

it's a visible place, people drive by it. But the example I'll give is when I was director of corrections, and the program Alternatives to Violence came to me and said, "We want to go in all your prisons," I brought them to speak to the wardens. They explained the program. We got the wardens to sign up.

Now I think they're in about half the prisons. What those wardens said to them was, "You find volunteers and we'll let them in." And, they found the volunteers. I think it's kind of an excuse for many parts of the state to say, "We can't find people who are willing to work." I mean, I know people for Alcoholics Anonymous who drive more than 50 miles, because having a meeting is really important, not only for the individuals incarcerated in our prisons,

but it's important for AA to be inside those prisons. So, if prison administrations have the right attitude, they can get many more volunteers in than they do, and, some have.

What can the state do to improve job skills?

Although budget cuts have stopped most of those types of programs, the vocational programs absolutely have to be expanded along with the educational programs. Every single person who arrives at prison needs to have a program, and the program needs to be designed based on the risk and needs assessment of the person. Then, based on that, there needs to be a plan so that when you walk in the door, you know what the plan is for you — you know your step one, your step two, your step three.

Do you think that the location of San Quentin makes it easier for volunteers to work inside of prisons?

I think that the location of San Quentin made it a lot easier, and

Centerforce Summit to Examine Incarceration

By **CHRISFINO KENYATTA LEAL**
Contributing Writer

Centerforce's National Inside/Out Summit on incarceration will focus on "The Faces of Change: People and Strategies That Make a Difference" within the prison system and its impact on communities October 22-25, 2011, at the Westin San Francisco Airport Hotel.

In examining issues impacting incarcerated populations and their communities, the Summit brings together public and prison health officials, community organizations, people who were formerly incarcerated, substance abuse and mental health treatment providers, children's rights advocates, and other key constituents in the criminal justice field.

Speakers include Melissa Harris-Perry, founding director of the project on Gender,

Race and Politics in the South, a professor of political science at Tulane University. Marc Mauer, a leading expert on sentencing policy, race and the criminal justice system, author of *Race to Incarcerate*, co-editor of *Invisible Punishment*, and executive director of The Sentencing Project. Jeff Henderson, award-winning chef, motivational speaker, and TV personality.

Among the other topics to be covered are:

Diverse Strategies for transforming Urban Medicine Research and Policy Agenda for Children of Incarcerated parents;

Re-entry Councils that Work: Connecting Re-entry Councils to Place-Based Community Initiatives;

Fathers and Mothers Involved in the Criminal Justice System;

Reducing Prison Populations Using Safety Measures-Based

Initiatives.

Four prominent contributors to the wellbeing of the justice system will be honored at the Gala, Sunday, October 23. They are U.S. Congresswoman Barbara Lee, who continues her fight for criminal justice reform; the Honorable Thelton Henderson, federal judge in the Northern District of California, the first Black civil rights lawyer in the U.S. Department of Justice.

Also being honored are the Zellerbach Family Foundation, which has been a vigorous leader in initiating and investing in the efforts that address the plight of children and families of the incarcerated, and Marc Mauer, a renowned expert on sentencing policy, race and the criminal justice system.

For more information contact the peer health educators or go to: www.centerforce.org

Prison Time May Extend Life

By **MICHEAL COOKE**
Journalism Guild Writer

Black men are half as likely to die in prison than if they aren't, a recent study of North Carolina inmates suggests.

The black prisoners appeared to be especially protected against alcohol and drug-related deaths, as well as lethal accidents, chronic diseases and murder.

The pattern didn't hold for white men, who on the whole were slightly more likely to die in prison than outside, according to findings published in *Annals of Epidemiology*.

"Ironically, prisons are often the only provider of medical care accessible by these under served and vulnerable Americans," said Hung-En Sung of the John Jay College of Criminal Justice in New York. "Typically, prison-based care is more comprehensive than what inmates have received prior to their admission," Sung told Reuters Health by e-mail.

The study involved 100,000 men between age 20 and 79, who were held in North Carolina prisons at some point between 1995 and 2005. Sixty percent of those were black. Researchers determined which

inmates died, and of what cause, in prison. They linked that data with state health records, then compared those figures with expected deaths in men of the same age and race outside of prisons.

The men that died during incarceration were less than one percent, and there was no difference between black and white inmates. The study found, however, that blacks have a higher rate of death at any given age than whites do outside of prison.

If these results can be accomplished in prisons, they should be accomplished in neighborhoods, Evelyn Patterson told Reuters Health. She studies correctional facilities at Vanderbilt University in Nashville, Tenn., but wasn't linked to the new study.

Cancer, heart and blood vessel diseases were the most common cause of death among inmates, accounting for more than half of the deaths. White prisoners died of cardiovascular diseases as often as expected and died of cancer slightly more often than non-prisoners.

Black inmates were between 30 and 40 percent less likely to die of those causes than those who weren't incarcerated. They

also were less likely than non-prisoners to die of respiratory diseases, diabetes, alcohol and drug-related causes, accidents, suicide and murder. Their risk of death at any age was only half that of men living in the community.

The death rate for white men was 12 percent higher than in the general population. Their higher death rate was attributed to HIV and hepatitis.

When the researchers separated prisoners by age, death rates were only higher for white prisoners age 50 and older.

"For some populations, being in prison likely provides benefits in regard to access to health care and life expectancy," said study author Dr. David Rosen of the University of North Carolina at Chapel Hill.

"It's important to remember that there are many possible negative consequences of imprisonment—for example, broken relationships, loss of employment opportunities, and greater entrenchment in criminal activity—that are not reflected in our study findings, but nevertheless have an important influence on prisoners' lives and their overall health," according to Rosen.

EDUCATION CORNER

A Teacher's Perspective On Prison Education And Offender Recidivism

By **JULIANGLENN PADGETT**
Managing Editor

This interview of a retiring teacher was conducted at the 2011 graduation

Education is the key to curbing recidivism, community activist and teacher Jane Curtis says.

"The more educated people are, the better decisions they make," Curtis said at the recent San Quentin graduation of 74 inmates in programs ranging from GED to college degrees.

Encouraged by San Quentin's education programs for its incarcerated, Curtis who is retiring after 20 years said she recognizes what it takes for students to improve their lives: its the programs for higher learning.

UNIQUE PRISON

"This is a unique prison. It shouldn't be a unique prison," said Curtis. "We know that education programs behind the walls reduce recidivism. There is plenty of proof for that. So why aren't we doing what works? Well, that just seems to be what politics is about."

PROJECT REACH

She commented that all California's prisons would benefit from having education programs such as those at San Quentin, including Prison University Project (PUP), GED, Coastline College and Project R.E.A.C.H. (Reach for Education Achievement and Change with Help).

Curtis said replicating Patten University Project could be a difficult challenge because accreditation is required from an outside university and numerous volunteers are needed.

"R.E.A.C.H. can be replicated easily at other institutions," said Curtis. "You partner with the

literacy program on the outside. They come in, do the trainings. They support the tutors and the tutors within the prisons are models for the other inmates."

Curtis said Angel Falconi and Kenyatta Leal, both valedictorians and tutors for Project R.E.A.C.H., are residents of San Quentin and give back to the community by teaching their colleagues.

"You're using resources within the institution which are your better-educated lifers who have a lot to give back," Curtis said.

LITERACY PROGRAM

In 1990, Curtis joined the Marin Literacy Program and went on to create additional educational programs. She went on to start the Families for Literacy program. Her objective was to tie it in with breaking the cycle of low-level literacy from one generation to the next.

Yet it was in 1993, when the head of Sacramento's Family for Literacy at the State Library asked her if she would like to go to prison.

"I said 'I would love to do that,' but I requested to go for two years, not one," Curtis said. "I wanted to create a program based on the Families for Literacy program on the outside and tie it in with breaking the cycle of incarceration. So you're breaking two cycles at once."

Curtis developed the Fathers Program at San Quentin, where she worked with the Central office to roll it out to six other prisons. But it is now closing due to lack of funding.

BOOKS TO PRISONS

"We brought collections of children's books. I developed a training to work with libraries to work at other prison," said Curtis. "As with so many things I think the most successful programs are the ones least-embraced by the department."

Prison Population Reduction Plan Begins October 1

California prison officials project they will meet a federal court mandate to trim the state's prison occupancy by 33,000 over the next 24 months, according to a recent Associated Press article.

Local sheriffs and county probation departments will take over responsibility for tens of thousands of low-level offenders due to a controversial new law that will take effect Oct 1. Officials said they are on course

in their long-range plan to turn over control of many prisoners. However, they expect to fall short in meeting the court's first benchmark, looming at the end of the year, by a projected 800 inmates. They anticipate meeting a second deadline by cutting 20,000 inmates by next June.

Attorneys for the department said in their court filing, "At this point...there appears to be

no need to implement additional measures or to ask that the benchmark dates be extended, when defendants' best projections show they will achieve the June 2012 benchmark on time."

That contradicts a report written by the Legislative Analyst's Office that projected the state will miss all benchmarks and urged the department to petition for deadline extensions.

Corrections spokesman Oscar

Hidalgo said seeking a delay is premature until the department sees actual numbers from the realignment law.

Michael Bien, a lawyer representing mentally ill inmates in a major court case, said attorneys want to run their own numbers before projecting whether the state can meet its deadlines.

The realignment law is set to begin Oct. 1. County law enforcement authorities and

Republican legislators are concerned about counties' ability to finance their new responsibilities in the future.

California State Sheriffs' Association spokesman Nick Warner stated law enforcement officials are making the best of a tough situation with no major hiccups, so far.

—MICHEAL COOKE
Journalism Guild Writer

Brothers in Pen Publish Fourth Anthology

By KONY KIM

Contributing Writer

Hot off the press is *Six Cubic Feet*, a new story collection by San Quentin's creative writing group. This anthology, the group's fourth in its "Brothers in Pen" series, includes contributions by 18 authors and a foreword by novelist Junot Diaz.

Mirroring the diversity of its authors' voices and storytelling styles, *Six Cubic Feet* encompasses works of memoir, poetry, fable, fantasy, allegory, magical realism, and autobiographical fiction. The authors crafted these pieces through a weekly workshop facilitated by Zoe Mullery. Since this workshop first began in 2000, the group has enjoyed visits by celebrated writers such as Diaz and Tobias Wolff.

The title *Six Cubic Feet* refers to the space allotted to each San Quentin prisoner for personal property. Thus, in the anthol-



Creative writing group with sponsor Zoe Mullery

Photo: Lt. Sam Robinson

ogy's opening pages, some of the authors riff on the tragic absurdity of living one's life out of a box "the size of an infant's

coffin," as Keoghan O'Donnell puts it.

"Six cubic feet means that I choose that which is most important," Kenny Brydon writes, "and the rest—a life's worth of memories and mementos—they must die." In counterpoint, Arnulfo Garcia writes: "Six cubic feet can define your most precious values, but my writing goes beyond six cubic feet and sets me free."

Through stories that are gritty and witty, tragic and sardonic, whimsical and heart-wrenching, *Six Cubic Feet's* contributors embody both of these sentiments. Each author, by choosing

to depict certain moments, spotlights what is important in his eyes. And each author, by writing in his distinct voice, affirms his capacity to express and his freedom of mind and spirit.

Some of the authors tell of spiritual milestones, family tragedies, or dreams gone awry. Others narrate personal or political watersheds in the lives of men and of movements. Others present moments that are special simply because they are suffused with love; still others impart pain and misfortune with impish humor or biting wit.

Several have followed their imagination beyond the prison,

beyond present reality, and even beyond this planet. Their stories create vivid worlds where elves dwell, animals speak, and ethereal beings waft down from heaven to bless weary humans. Their narratives re-imagine historical conflicts and project us into alternate takes of humanity's future.

Brothers in Pen held a free public event on Saturday, Sept. 17, at which the authors agreed to read excerpts of their work. Hard-copy and downloadable versions of *Six Cubic Feet*, as well as prior anthologies, can be purchased at <http://stores.lulu.com/northblockpress> and at <http://brothersinpen.wordpress.com>. All proceeds go to



Book cover

the William James Foundation, which supports the Art-in-Corrections program that makes *Brothers in Pen* possible.

-Kony Kim is a Patten University teacher and one of the editors for the Creative Writing Anthology.



Creative writing workshop

Photo: Lt. Sam Robinson

Marin Seeks Death Penalty for Stabbing

By JULIAN GLENN
PADGETT
Managing Editor

The Marin County district attorney says he will seek the death penalty for a San Quentin prisoner accused of fatally stabbing a fellow inmate in July 2010.

Frank Souza of San Jose was serving a 55-year-to-life sentence for murdering a homeless man when the stabbing occurred in the San Quentin West Block Yard. Souza, 31, arrived at San Quentin in January.

The inmate victim was Edward Schaefer, 44, newly arrived at San Quentin to serve a

life sentence for manslaughter. He was convicted of speeding while driving drunk on his motorcycle, which hit and killed Melody Osheroff, 9, and seriously injuring her father, Aaron Osheroff. He lost a leg in the accident.

District Attorney Ed Berberian said Souza is eligible for the death penalty because of two special circumstances. They are his prior conviction for the murder of John Carl Riggins in 2007 and his current "lying in wait" surprise attack on Schaefer.

Souza's attorney, Gerald Schwartzbach, gained an ac-

quittal for actor Robert Blake in his murder trial. He also represented Stephen Bingham, who was accused of smuggling a gun into San Quentin prisoner George Jackson in a bloody 1971 escape attempt. Three guards and three inmates, including Jackson, died in that incident.

Because this is a capital case, the Superior Court assigned a second lawyer to represent Souza, death penalty appellate expert Eric Multhaup.

Souza allegedly created a prison weapon called a "bone crusher" and used it to stab Schaefer seven times in the chest and neck on July 26, 2010.

Assembly Revises Juvenile Bill

By MICHEAL COOKE
Journalism Guild Writer

A bill approved by the State Senate to give juveniles sentenced to life in prison without the possibility of parole a second chance was revived after being defeated in the Assembly.

SB 9 by Sen. Leland Yee's, D-San Francisco, would offer some juvenile offenders sentenced to life in prison without the possibility of parole a second chance at eventual parole for crimes committed as minors, according to the San Francisco Chronicle.

The bill was revived after the Assembly approved amend-

ments making inmates who had tortured their victims or killed public safety officials ineligible to apply for a shorter sentence. Lawmakers opposed to the bill said the amendments unfairly place more value on some people's lives than others, according to the Associated Press. "By narrowing the scope of this bad bill, it doesn't make it a kinder, gentler bill. It doesn't make it something that protects the public safety or is in the interest of the public good. These amendments merely take a horrible idea and make it slightly less horrible," said Assemblyman Tim Donnelly, R-Hesperia.

Democratic Assemblyman Charles Calderon of Whittier said the amendments simply make it impossible for people who tortured their victims or killed a law enforcement officer to ever get out of prison. "All you're saying is that you want to protect public employees," he said.

If the bill is approved and signed into law, offenders that were juveniles when they committed their crimes could submit petitions seeking a reduction of their sentence after they serve 15 years. A judge could then choose to decrease their sentence to 25 years-to-life.

S.Q. News Website

The San Quentin News is available at its own website:

www.sanquentinnews.com

We welcome and encourage your feedback.

Asked On The Line

OPINION

By ANGEL ALVAREZ
Journalism Guild Writer

Despite the unpopularity of the death penalty among the men in blue at San Quentin, many still think it is needed. Random informal interviews were conducted with 19 men on San Quentin's main line regarding the death penalty. The men were first asked: "Do you support the death penalty?" Fifteen said "no" and four said "yes." However, when asked the second question: "Is there *any* crime or crimes that ever justify execution?" the majority said "yes." Of the 15, only three were adamant that no crime ever justifies execution. P.J., a member of San Quentin's KidCAT group, said, "It doesn't matter...I don't support the death penalty and there is no crime that justifies it." Another of the three said, "I became enlightened in prison...my views have changed. I used to believe in the death penalty, but I don't anymore."

Among the crimes the men in San Quentin believe justify executions, as long as the defendant is 100 percent guilty, in rank order, are:

1. Serial rape and murder of children (12 and under).
2. Serial murder of children (12 and under).
3. Rape and murder of a child (12 and under).
4. Torture, mutilation, and murder of a child (12 and under).
5. Serial rape and murder of minors (under age 18).
6. Rape and murder of a minor (under age 18).
7. Rape and murder of a person (any age).
8. Serial murder of women (any age).

The bottom line is that harming children or minors is justification enough for execution. One interesting exception was a man named Sane, who believes incest should be punishable by death: "Incest is so immoral; it justifies the death penalty...no matter what."

ARTS & ENTERTAINMENT

Shakespeare's 'Twelfth Night' Lots of Laughs

By **ARNULFO GARICA**
Journalism Guild Chairman

For an hour or so, an array of San Quentin prisoners, staff members and volunteers stepped out of their routine into the shoes of Shakespeare actors, to the delight of a packed prison chapel.

The eighth annual performance was a unique perspective of the Shakespeare comedy "Twelfth Night," using political satire and music of the '60s.

The production was the work of Suraya Keating and Lesley Currier of the Marin Shakespeare Company, who spent countless hours teaching the finer aspects of acting.

San Francisco Chronicle writer Kevin Fagan described the performance with these words: "Talk about contrasts - and transformation...14 murderers, robbers and other criminals doing time at San Quentin State Prison got to be defined by more than the ugly nature of their offenses - they got to be actors - Shakespearean actors, no less. And they were pretty darn good at it."



File Photo

Julian Glenn Padgett

Julian Glenn Padgett won over the audience with his comedic interpretation of the character Malvolio, who was a butler in love with the lady of the house, Olivia. Weeks after the performance he was still receiving accolades from prisoners and staff.

The performers demonstrated a wide range of talent. For example, Michael Anthony said, "The most difficult part of playing a female character (Olivia) was me. I had to deal with my self-consciousness and my inhibitions. I was afraid of what others would think about me, especially my fellow prisoners. It was very

difficult to open up and let myself go."

John Neblett explained why he wanted to learn the art of acting with these words: "It helps me to temporarily forget this environment...it allows me to work on who I am as a person; it's like therapy." Neblett portrayed a sea captain.

The cast also included Angel Alvarez, Joey Barnes, John Vaden, Eric Lowery, Parry "Spike" Simpson, A. Terrell Merritt, Erin O'Connor, John



Shakespeare Actors

Owen Neblett, Jonathan Wilson, Henry "Black Myth" Montgomery, and Joey Mason.

San Quentin staffers Laura Bowman, Steve Emrick, Lt. Samuel Robinson, Capt. Michael A. Chirila, and Acting Warden Michael Martel facilitated the event with the support of Laurie Brooks and the Williams James Association.

The play was widely covered by the Bay Area media, including The Chronicle, Stark Insider, San Mateo Daily Journal, KTVU-TV News, NBC Bay Area television, and Broadway World.

ABADDON

By **JOHN O. NEBLETT**

Looking in the mirror

ahead

I see the mirror behind

and forever I see

A murder of dreams

who made a cold rational

choice

To abandon all hope.

Last Issue's Sudoku Solution

4	2	8	1	7	3	5	6	9
5	9	7	2	6	8	4	3	1
1	3	6	9	4	5	7	2	8
2	4	3	6	1	9	8	5	7
8	6	5	4	3	7	1	9	2
7	1	9	8	5	2	6	4	3
9	7	1	5	2	6	3	8	4
6	8	4	3	9	1	2	7	5
3	5	2	7	8	4	9	1	6



Book Review

By **RANDY MALUENDA**



BREATHING THE FIRE (By Kimberly Dozier) CBS Iraq correspondent's gripping account of deadly injury through recovery.



THE WHEEL OF DARKNESS (By Douglas Preston & Lincoln Child) FBI Agent Pendergast desperately battles supernatural evil on the high seas in this mystery thriller.



THE GIRL WITH THE DRAGON TATTOO (By Stieg Larsson) Intense journalist and antisocial hacker join forces looking for missing heiress.



THE HOSTAGE (By W.E.B. Griffin) President assigns agent Charley Castillo to resolve a hostage situation in Argentina.



MERCY (By Jodi Picoult) Melodrama of a town split over a murder trial.

RATINGS:

Top responses are four ribbons progressing downward to one:

Responses which are two ribbons or less are not recommended reading.

Indian Country

By **DANIEL TREVINO**
Journalism Guild Writer

Powwow is an indigenous ancient ceremony practiced by most North American tribes still to this day.

The Powwow is a sacred ritual. Its purpose is to celebrate the spring and fall equinoxes and the summer and winter solstices. In bygone days, Native Americans used the Powwow to call forth cures for sicknesses and to ensure success in warfare.

Today tribes still gather to dance, sing, eat and pray in a sacred manner. The Powwow is a ritual that has been ongoing

for thousands of years. When Europeans first encountered the tribes on the Turtle Island, they were the first outsiders to witness a Powwow.

Along with the sacredness of the ceremony, tribes would get together to trade hides, shells and beads used to make regalia.

The Powwow is a four-day ceremony that usually begins on a Thursday morning and ends on a Sunday afternoon. This four-day event is not just for Native American people; anyone may participate in these sacred dances, songs and taste traditional foods.

Prisoners Learn to Paint

By **ADAM BARBOZA**
Journalism Guild Writer

Acrylic, watercolor, pastel, or just plain graphite provide Pat Malony various mediums to teach potential artists incarcerated in San Quentin the finer points in painting.

For the past 23 years, Malony has been working for SQ Arts in Corrections. He began when he was 53 years old. He's seen many changes in S.Q. However, his art class has survived these changes.

Three times a week Pat has the opportunity to teach student artists understanding. Mondays are devoted to color theory. On Tuesdays, prisoners learn the art of por-

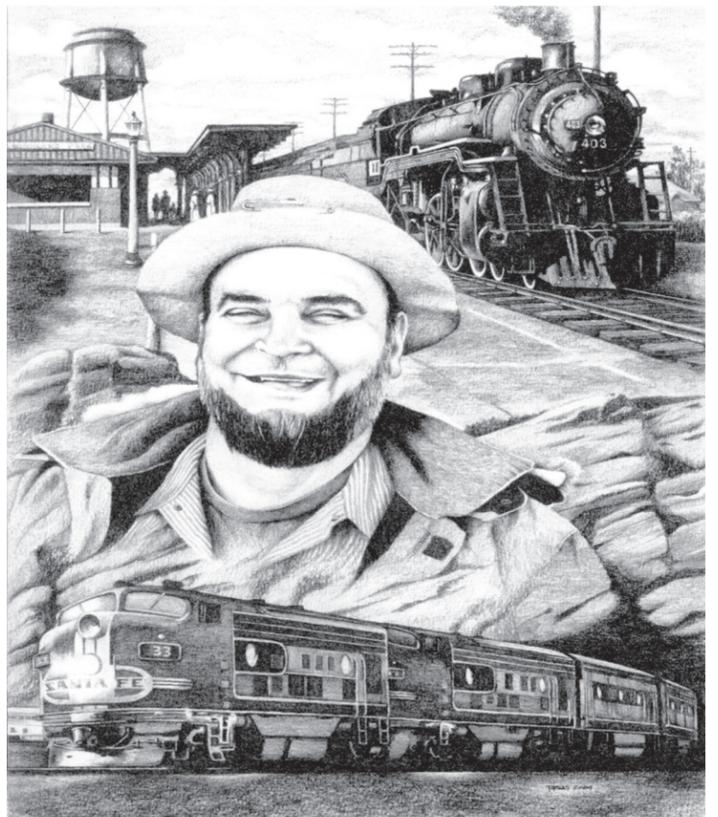
traits, using live models. And Saturdays give prisoners the chance to work on individual projects.

The program is funded by grants provided through donations, food sales, and various benefits.

The Arts in Corrections provide all the materials, but prisoners may bring their own. Pat has a B.A. in art. When asked about his retirement, he said, "I don't plan to. I love my job too much to consider retiring."

Prisoners in the program say that art allows them to express themselves and enable them to relax - like therapy.

The program plans to put on shows sometime this summer.



Featured artwork of Chad Tobias

Sudoku

By **ANTHONY LYONS**

2					3		1	
	4	5		9		3		
			1					2
		2		1	8	5		
8								6
		4	7	6		1		
5					7			
		1		2		4	6	
	8		6					5

SPORTS



Photo: Lt. Sam Robinson

2011 San Quentin Kings Basketball team

Kings Get Dethroned

By GARY "MALACHI" SCOTT
Sports Writer

The season opener for San Quentin's 40 and over basketball team was played in perfect weather, but the result was an 86-75 loss to the outside team, A.I.S.

The San Quentin Kings trailed throughout, but kept it complete to the end.

The July 30 game featured the Kings' new white uniforms with a gold crown logo on their jerseys and their position number on their shorts. A.I.S. met them at center court for the tipoff just to see the Kings take control of

the first possession of the basketball.

During the beginning of the first quarter A.I.S. started strong, making two jump shots and a layup to take a 6-0 lead. Billy Wilson, Bishop and Joe Harrison of the Kings countered with points of their own. However, towards the end of the quarter, Joe Vierra and Gareth Hancock hit consecutive jumpers and the first quarter ended 18-11.

SECOND QUARTER

The second quarter started fast. Each team answered with a jump shot and layups. Al Lacey, who stepped in as a substitute

for A.I.S. scored six early points. The Kings tried to draw closer but Hancock ended the first half with back-to-back layups and A.I.S. took a 36-23 halftime lead.

Wilson started the second half with four points and Mario Ellis contributed with points in the paint. However, A.I.S. continued to hit outside jump shots and took a 64-49 lead to end the third quarter.

FOURTH QUARTER

The fourth quarter started out physical as both teams committed multiple fouls. Both teams continued to hustle. The Kings tried very hard to make a comeback. Orlando "Duck" Harris made an acrobatic reverse layup to cut the lead down to a five-point deficit. However, Mr. Cosby, who also was a substitute player for A.I.S., hit a clutch fade away jumper as they proceeded to pull away with jump shots and fast-break points.

Asked about his experience in playing the Kings, Hancock said, the game was fun. "The men are nice and respectful and I love to come in and play with them."

Orlando Harris of the Kings said, "The first game was a mixed reaction. We came out and played well until we faced adversity. I think we will improve when we work on our conditioning and defense as well as play together. Despite the loss, I still had fun. I played hard with sportsmanship."

Football Team Captain Throws in His View



Photo: Lt. Sam Robinson

Dwight "Sleepy" Kennedy

By GARY "MALACHI" SCOTT
Sports Writer

Dwight Kennedy, a player of the San Quentin Flag Football Team, discusses the team's approach to the 2011 season and the life skills one could learn through football.

How long have you been in San Quentin?

I've been at S.Q. for six years now.

What is your role on the team?

I'm the team captain on the flag football team. I'm also a wide receiver and safety.

Have you played organized football in the outside community?

I played high school and organized football on the streets. I went to Point Loma High School and played for Balboa Raiders. In high school, I played predominantly baseball, football and track. Track was the whole start of it all.

Who introduced you to sports?

My dad and my uncles introduced me to sports. They coached football and baseball. My dad was a coach for a small league called the "San Diego American Little League."

What was your first football experience?

The coach saw me running track and asked if I could catch and run routes.

How long have you been playing for the S.Q. Football Team?

I've been playing for five years.

What are the requirements to be able to play for the team?

The first thing is conduct. The second is team commitment and you have to be disciplinary-free. You cannot have people getting into trouble and coming out to play for us.

What kind of life skills can one learn through playing football?

You can learn to improve your social skills. We made many mistakes and at one point, we failed to follow the rules. This is our chance to regain those social skills and retain them outside the walls just as well as inside these walls.

What should players be expected to do and when do they practice?

Practice is on Friday mornings from 10:00 to 12:30. They should expect to come out, play the game, think the game and be ready to be a teammate.

What new approach is the team taking this year?

This year the approach on the football field will be a little different. We're going into a defensive set-up, which involves a three -two-monster zone, a three -two-nose zone, and a man on man (defense).

Do you consider yourself a student of the game?

I absolutely consider myself a student of the game. There's never enough to learn. Just as I said earlier, it's all about being a teammate. Your strength may be my weakness. My weakness may be your strength. We have to help each other grow.

Do you consider yourself a student athlete?

I'm in college right now. Education is priority. When I was in school, the rules were if you didn't go to school and get good grades you didn't play. I'm attending Patten University and I just signed up for English. Education broadens my way of thinking.

What programs are you involved in?

I'm involved in "No More Tears," "Victim Offender Education Group" and "Non-Violent Communications."

How has all the San Quentin programs and activities helped you?

Being involved in all these groups and sports has helped me grow. They have created a better character in and for me. Being here at S.Q. is like being at a real college on the outside. You can communicate with different ethnicities. That helps us on all levels. Playing sports and going to school has put me in a position to be successful once I get out. It has equipped me in so many ways to sit across the table and function. It has given me the skills where I can function successfully outside. I think that's very important if we're working on ourselves inside these walls, then we can be better inside these walls and outside.

Thousand Mile Club Runs Half-Marathon

By FRANK RUONA
Contributing Writer

On a cool summer day, 12 San Quentin 1000 Mile Club runners circled the quarter-mile course in the Lower Yard from 28 to 52-1/2 times. Nine half-marathon finishers and three other runners covered a shorter distance.

Eddie Herena led the August 12 race from the start with Stephen Liebb running comfortably in second place. Eddie looked comfortable with his young legs and seemed to be running quite easily at a sub-seven minutes per mile pace for the first seven miles. In the second half of the race, however, the pace slowed as the miles got more difficult.

Herena finished first in a strong 1:36:09. Liebb finished second in 1:37:29. Chris Schuh-

macher, running one of his first S.Q. 1000 Mile Club races, ran a strong race as he added four miles to his previous longest run and finished third in 1:43:58.

Andrew Battle started 20 minutes after the rest of the field and was turned in a strong 1:44:52 performance to take fourth place. Larry Ford had an off day and struggled to finish in 1:52:45. Right behind Ford was Patrick Givens, who was finishing strong and almost caught Ford with his 1:52:52 finish.

Joey Mason ran a strong race and was able to dip under the two-hour mark with a fine 1:57:24. Bill Pillars started strong, but fought injury problems and gutted out a 2:03:15 finish. Coach Alton McSween was persistent and had help from a large group

of 1000 Mile teammates on the last few laps as he hung in there for a 2:25:10.

John Neblett ran a strong 9.25 miles in 1:28:39 and Louis Hunter turned in 8.75 miles in 1:20:00. Newcomer John Santner started late and knocked out seven miles in 1:02:51.

A full marathon is scheduled in three months.

Supporting the race were Coach Frank Ruona, community volunteer Jill Friedman, club Chairman Steve Pascascio, Dee Whitaker (on hand despite being weakened by recent cancer treatment), Evert Spells and Danny Cox.

Assistant Coach Kevin Ruman ran about 10 miles at 8:00 per mile as a pacer for the group.

First Name	Last Name	Age	Pace Per Mile	Total Time	Age Graded Time
Eddie	Herena	28	7:20	1:36:09	61.52%
Stephen Yair	Liebb	55	7:26	1:37:29	71.67%
Chris	Schuhmacher	38	7:56	1:43:58	58.35%
Andrew	Battle	44	8:00	1:44:52	60.67%
Larry	Ford	55	8:36	1:52:45	61.96%
Patrick	Givens	47	8:37	1:52:52	57.78%
Joey	Mason	50	8:58	1:57:24	56.97%
Bill	Pillars	56	9:25	2:03:15	57.19%
Alton	McSween	60	11:05	2:25:10	50.37%
9.25 Miles					
John	Neblett	48	9:35	1:28:39	51.49%
8.75 Miles					
Louis	Hunter	50	9:09	1:20:00	54.76%
7.00 Miles					
John	Santner	46	8:59	1:02:51	53.53%

All-Madden Wins Defensive Battle

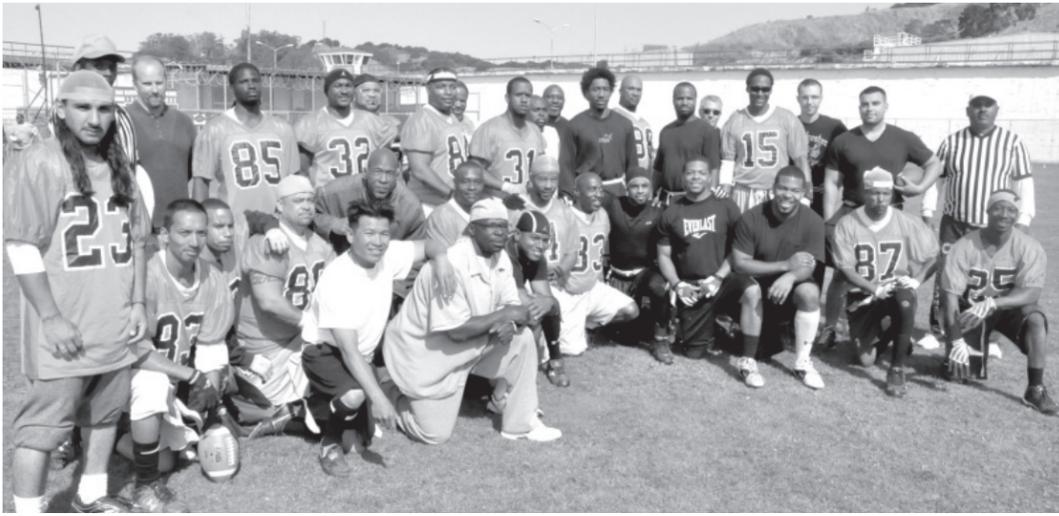


Photo: Lt. Sam Robinson

2011 All Madden football team with outside team The Chosen

By **GARY SCOTT**
Sports Writer

The season-opener for the San Quentin All-Madden's Flag Football Team was a defensive battle in which they overcame the outside team, The Chosen, 14-12.

Both defenses forced turnovers, knocked down passes and added relentless pressure on each other's quarterbacks.

The Chosen's quarterback, A.R.P., zipped passes to his receivers, but they dropped too many of them. They entered the red zone and threatened to score, but Mario Ellis batted down their fourth and goal pass.

The All-Maddens struck first as they began the run the football. Dwight "Sleepy" Kennedy set them up for first and goal as he caught a 20-yard pass from Q.B.

Kevin "Bilal" Chattman. Kevin Carr scored the first touchdown on a five-yard pass. Chattman ran the two-point conversion in for an eight-point lead.

The Chosen struck back as A.R.P. completed consecutive passes to move them down the field, and then threw a 10-yard pass to Andre Jackson. However, they failed the two-point conversion as they went into halftime down 8-6.

During the second half, the All-Maddens' defense continued to make plays. Marcus Crumb had a key interception in the end zone to keep The Chosen from scoring.

The All-Maddens struck again as Kennedy caught a 50-yard pass that set up a five-yard touchdown pass to Carr.

With seconds left in the game, The Chosen executed a desperate hook and ladder pass for a touchdown that wowed the crowd. Unfortunately, they could not tie the game as they failed their two-point conversion.

The officials failed to call pass interference on the play, which

allowed the All-Maddens to win the game.

Marcus Crumb, the starting cornerback for All-Madden, said, "We were anxious, not knowing what to expect. We played it safe. We played zone coverage, which was very effective. We had to clamp down."

During halftime, the Rev. Joel Moore quoted from Psalms 1:1-3. He said, "You are trees if you are in God's presence. You are trees no matter where you are. You can still export fruit to your friends and family, and you may be able to plant seeds in others."



Photo: Lt. Sam Robinson

Teams scramble on the lower yard



Photo: Lt. Sam Robinson

2011 SQ and Saint Mary's tennis teams

Saint Mary's Netters Down S.Q. Team, 4-1

By **GARY SCOTT**
Sports Writer

One of the top college tennis teams, the Saint Mary's Gaels, defeated the San Quentin net team, 4-1, in a recent doubles match.

Gavin Leo and Maxime Olivian of St. Mary's defeated Tim Thomson and James "J.T." Taylor. Leo admitted that the Gaels took it easy on the S.Q. men in the Sept. 17 match.

"The game was challenging," Taylor said. "We figured it was

going to be tough. It was good to play them because I was able to see the ball from another speed. I had a beautiful experience."

The St. Mary's team finished third in the West Coast Conference this year, behind San Diego State and Pepperdine.

Assistant Coach Jerry Ellison said the Gaels are trying to get better as they were during his freshman year, where they missed going to the national tournament by one game.

Head coach Michael Wayman played for USC for three years and played professionally from 1975 to 1983. He played in the A.T.P. circuit against players such as John McEnroe and Llie Nastase.

"It is a great experience for the guys to come in here and play. I was excited to come," Wayman said.

Regarding incarcerated men, Ellison said, "I always had a forgiving attitude. I just think people need to take into consideration individual circumstances."

St. Mary's tennis are from all over the world, including Joakim Norstrom of Stockholm, Sweden, Maxime Olivian of France, Shenf Hamdy of Cairo, Egypt, Gavin Leo of Sydney, Australia. They also have a few U.S. natives: Saad Venkirena of Washington, D.C., Steven Dawson-Roberts of Sacramento and Wil Martin of Los Angeles.

Chris Schuhmacher, a member of the San Quentin Tennis Team said, "I enjoyed this experience. It was cool because we got to see what Division One college tennis looked like and they got to come in here and see us as real human beings, not the stereotype that the media places on us."

Giants Drop the Ball Against Woods

The San Quentin Giants baseball team could not mount a comeback over the outside team, the San Francisco Woods, losing the game 7-4. The S.Q. Giants watched a 3-2 lead vanish during the top of the seventh. Patrick Whelly of the Woods came up with two runners in scoring position and hit a two-run single, giving his team a 4-3 lead.

The San Francisco Woods added three more runs during that inning. The S.Q. Giants tried to rally in the bottom of the eighth as Michael Tyler led off with an infield single and eventually scored off of Marcus Crumb's one-run double.

Whelly, who had a game-high four RBIs, said, "It was a great game and I enjoyed playing these guys." Whelly played at Cal State East Bay for four years.

The game was played July 23.

--Gary 'Malachi' Scott

JOFFRION'S NFL Picks

Week 4

Sunday, Oct. 2
CHI over CAR
BUF over CIN
CLE over TEN
DET over DAL
PIT over HOU
NO over JAX
KC over MIN
PHI over SF
STL over WAS
ARZ over NYG
ATL over SEA
GB over DEN
NE over OAK
SD over MIA
BAL over NYJ
Monday, Oct. 3
TB over IND

Week 5

Sunday, Oct. 9
PHI over BUF
NO over CAR
HOU over OAK
IND over KC
JAX over CIN
ARI over MIN
NYG over SEA
PIT over TEN
TB over SF
DEN over SD
NE over NYJ
GB over ATL
Monday Oct. 10
DET over CHI

Globetrotter Gives His Take

By **GARY SCOTT**
Contributing Sports Writer

A recent visitor to San Quentin was Terrance O'Kelly, a former Harlem Globetrotter. He played with the AIS basketball team that defeated the San Quentin Kings team. He scored 27 points for the winners. He agreed to the following interview:

Where are you from?

I was born in Chattanooga, Tennessee and raised in Long Beach, California.

What college did you attend?

I attended Long Beach State.

Have you tried to play for the NBA?

I tried out for the Utah Jazz in 1995 and was cut before the preseason.

When did you play for the Harlem Globetrotters?

I played one year during the 1997-98 season in Japan, Mexico, Poland and etc.

Did you enjoy your professional experience?

I had a good life experience during my career. I traveled the world and saw many countries.

There are lots of gangs and drugs in Long Beach. How were you able to escape the negative influences during your childhood?

My mother and my grandmother guided me in my life. Plus I was more afraid of them, more than anybody in my neighborhood.

How did you end up here playing against the S.Q. Warriors and Kings?

(A friend) who knows me from the Orinda Summer League invited me to come and play here.

Do you enjoy playing with incarcerated men?

Most definitely! When we are playing, it is as we are not in this prison. We are fellowshipping and playing basketball.

In Remembrance of 9/11



Jewish Holidays Start This Month

By JULIANGLENN PADGETT
Managing Editor

The end of September and early October are special times for Jews, when they celebrate the High Holidays.

Rosh ha-Shanah—the New Year—is Sept. 29-30 and Yom Kippur—the Day of Atonement—is 10 days later.

Rosh ha-Shana and Yom Kippur are cycles in the Jewish New Year, marked by self-reflection, Shofar horn blasts, Tashlikh, and spiritual battles.

The readings for the first day of Rosh ha-Shanah include the binding of Isaac followed by reading the Akedah on the second day. Themes of the birth after being barren, deliverance after exile and rescue from sacrifice encompass this sacred time.

The oft-used phrases Rosh ha-Shanah, Yom Kippur and High Holidays, in Hebrew are known as “*Yamim Noraim*” Days of Awe or Awesome Days. Both are key festivals within Judaism,

one regarding the beginning of a New Year and Yom Kippur, the pursuit of atonement for misdeeds from the past year.

The cycle begins with Rosh ha-Shanah, and is observed the first two days in the month of Tishri, which is Sept. 29 and 30. Yom Kippur begins 10 days later. On the afternoon of Rosh ha-Shanah, it is customary to cast away sins in the ceremony of *Tashlikh*. “You will cast (*Tashlikh*) your sins into the depths of the sea.” (Micah 7:19) The month of Elul begins the traditional greetings of *Shanah tovah* (A good year) or *Le-shanah tovah tikatevu* (May you be inscribed for a good year in the Book of Life.)

This custom originates in a Talmudic passage (Rosh ha-shanah 16b). Jewish customs decree that “Three books are opened before the Lord on Rosh ha-Shanah.” One book inscribes the names of the truly righteous who are assured another year of life. The second book includes the names of the truly wicked, who are inscribed for instant death. For those whose life records are evenly balanced between good and bad, their destiny stands in abeyance until Yom Kippur, when it is sealed.

Before a person’s fate is set, they strive to become aware of how they have not achieved their

goals with family, friends, community and Hashem.

This period defines the Jewish community and guides people to regret and demonstrate remorse for any harm they have caused. People turn away from their negative passion, (*yetzer ha-ra*) and embrace their passion for good, (*yetzer-tov*) by “turning around” to their higher consciousness.

This period places us in direct spiritual warfare with the adversary, Satan whose purpose is to condemn and deny us one more year of life. For Jewish Theology mandates during Rosh ha-Shanah every human give an accounting of their past year before the heavenly Beit Din, a Jewish court. A verdict is then rendered whether one will be written in the Book of Life or the Book of Death.

Yamim Noraim—Days of awe encapsulates this sentiment a period in every synagogue distinguished by ancient prayers, chants and thoughtful introspection of who we are in our connection with humanity and the universe. As social creatures, the Days of Awe teaches; we cannot enhance our inner lives unless we improve our behavior and relationship to those who share this world with us, *L’Shana Tova tikatevu*.



File Photo

Rabbi blowing the shofar

Spiritual Leader Teaches Life Lessons

By JULIANGLENN PADGETT
Managing Editor

Spiritual minister Dr. Jerry Stubblefield made his mark at San Quentin by volunteering and teaching men life lessons through community activism and his passion for fellowshiping.

Stubblefield, a retired seminary professor, began his ministry at San Quentin State Prison 17 years ago. “I would come here with Barry Stricker (former pastor at Tiburon Baptist Church) and music professor Craig Singleton.

We started coming in to be with the inmates who had no visitors,” said Stubblefield.

During those early days, Stubblefield and the other volunteers talked and played dominoes and UNO a process that assisted in forming bonds with the men. Stubblefield remembered talking with Dennis Pratt, a San Quentin resident. “Mr. Stubblefield ...would come for our Fellowship Nights. Jerry is a man



Dr. Jerry Stubblefield

of honor,” said Pratt. “He told me once that his integrity was not for sale, I’ve always admired him for that.”

In 1995, Stubblefield had open-heart surgery and said he was uplifted in prayer by the men at San Quentin. “I had a dissecting aneurysm and had to have the surgery,” Stubblefield said. “The men prayed for me and sent me cards during my recovery time.”

For years, he taught Master Life, a discipleship program, and

was an instructor for Patten Bible College for three courses in the Spiritual Diploma Program. The classes were in Christian Leadership, such as Introduction to the New Testament, and Evangelism and Church Planting.

In the fall of 2010, Stubblefield taught Educational Ministry of the Church in the Contextualized Leadership Development program for Golden Gate Baptist Theological Seminary. He also served as the director of the North Bay School of Theology at San Quentin for the CLD program of the Golden Gate Seminary.

“The men are highly motivated and easy to teach. I have been richly blessed by my involvement at San Quentin,” said Stubblefield. “I have said that “If you cannot teach at San Quentin, you cannot teach anywhere.”

Of the men at San Quentin, he said, “I treasure my relationship with them, I always look forward to coming to San Quentin.”

with regards to whom Muhammad (may the peace and blessings of Allah be upon him) was,” the Imam said.

He said the purpose of the event is to answer questions from those interested.

Islamic Event Scheduled For October

By KEVIN YARBER
Journalism Guild Writer

An event explaining the Muslim faith is being planned for late October in the Lower Yard.

All residents and staff are invited to attend, said Imam Quazi Kawsar Hossain. Flyers

will be posted when details are finalized.

The event, called “Mercy for the worlds,” will include guest speakers who will discuss who is the Prophet Muhammad.

“There are many misunderstandings and misinformation

RELIGION

Catholic Chapel Has Much To Offer

By FR. GEORGE WILLIAMS
S.J. Catholic Chaplain

There are many new activities going on in the San Quentin Catholic Chapel. The word catholic comes from the Greek word for universal. This means we are open to all who wish to join us in the spirit of brotherhood and prayer, whatever your own religious practice.

In other words, all are welcome. We are interested in sharing the richness of our faith, not forcing it down anyone’s throat. So, feel free to come to any of the programs listed here or to Mass on Sundays or Fridays. If you wish to see me my door is always open to you; just send me a kite or stop by the chapel and make an appointment to see me. Or, if you see me in the yard, let me know. I am here not just for Catholics but for all and I respect and value your spiritual path, in whatever form it takes.

Mass is held on Sundays at 9 a.m. for Reception Center, 11 a.m. in English for the Main Line and 2 p.m. in Spanish for the Main Line. We also celebrate Mass every Friday at 12:30 p.m. We will be offering Religious Education in both English and Spanish immediately after the 11 o’clock Sunday Masses, starting in August. If you have never been baptized, confirmed or received your first Holy Communion, this is your chance to do so.

Mondays we have Centering Prayer at 6:20 p.m. in the Catholic Chapel. This is an interfaith form of meditation that draws on the richness of our Christian tradition, but would be helpful for people of any faith. A Spirituality Class is offered at 6:20 p.m. Tuesdays in the

Catholic Chapel. This is a chance to share our faith in an environment of trust and friendship.

Wednesdays we have our weekly Catholic Bible Study. We are currently using a Bible study program called “Modern Parables,” which is a series of short films that portray the parables of Jesus in modern images. All are welcome. We also have received a large supply of Catholic Bibles in both English and Spanish, so you are welcome to come and get a Bible anytime.

Thursday nights we have a variety programs. Every Thursday we have our Restorative Justice Interfaith Roundtable. This has been going on for several years, and it includes many from the outside community and is meant to be a forum for advocacy of prisoners’ and victims’ rights, and for a correctional system to be based on principles of restoration to the community, reconciliation and forgiveness instead of just punishment and incapacitation.

On the third Thursday of each month we have a prayer and share meeting for all those who have participated in Kairos. The next Kairos will occur in September. If you are interested, Fr. Williams or one of the Protestant Chapel Brown Card holders can sign you up.

Following the Friday Mass at 1230, there is an opportunity to pray the Rosary together.

On the first Saturday of each month at 6:20 p.m. we offer our bilingual (English and Spanish) Rosary prayer service and on the third Saturday of each month is our interfaith Taize prayer service; a beautiful candlelit service or meditative chant and quite prayer.

2011-12 Budget Woes

California’s prison system remains under pressure by the courts to curb overcrowding and to shut the revolving door of its prison gates, but without much success, budget and administration figures show.

Gov. Jerry Brown’s 2011-2012 budget specifies \$9.1 billion to fill 61,927 positions for California’s prison operations and related local programs. This equates to \$55,776.21 spent to incarcerate each of the 163,152 prisoners now under its control.

This year’s budget is about \$300 million more than last years; however, Brown’s 2011-2012 State Budget Summary reports that prison officials are struggling to meet their “fiscal responsibilities as a result of a structural budgetary shortfall in various programs.”

To address these shortfalls, prison officials are redirecting available resources based on priority – with security as a primary concern.

Budgetary shortfalls have created:

- Delays in implementing evidence-based programs that could have a positive effect on recidivism rates
- Reductions in prisoner education and work programs
- Non-custody positions held vacant to use salary savings to cover unfunded expenditures
- Deferred maintenance on facility operating equipment
- Freezes placed on purchasing and staff training

News Briefs

By **RICHARD RICHARDSON**
Staff Writer

SACRAMENTO – Some 3,300 California state workers have been notified that their jobs may soon be eliminated. The layoffs would take place over the next few years. The notices include 2,100 of the 63,000 prison workers and parole system. The 840 parole agents and parole support staff were not included in the plan to shed government jobs by September 2013.

SACRAMENTO - Gov. Jerry Brown has appointed Robert Barton as the new inspector general to oversee the state prison system. Barton is a Republican from Bakersfield. During his 17-year tenure as a Kern County deputy district attorney, he oversaw the inspector general's branch and employee discipline in the southern Central Valley prisons. He also maintained jurisdiction over internal affairs.

SACRAMENTO - The California Department of Corrections and Rehabilitation is now providing a new website that will keep track of the "2011 Public Safety Realignment" plan. The website will allow those questions to be answered such as the Assembly Bills 109 and 117, and the Assembly budget committee measures that cut CDCR cost from the shift of responsibilities for things like

juvenile incarceration to local entities.

BAKERSFIELD – Kern County Sheriff Donny Youngblood says he needs to hire 33 new deputies to accommodate the additional prisoners he will need to house under the state's inmate realignment plan.

He said he need an additional \$5.2 million to hire the deputies and upgrade the Lerdo Jail plus handle in-home monitoring, day reporting and fire camps.

Counties will now be asking for more money to hire new deputies to help the flux of inmates they expect to receive after the October 1. So why are these counties asking for more money to hire more deputies when they can't seem to come up with the money they already need for the flux of inmates they are already expecting.

Kern County supervisors said if the money requested is not given then the department will scale back on receiving the flux of inmates.

WASHINGTON– The Government Accountability Office released a report which recommends that the Bureau of Prisons' Security Technology develop cell phone detection plans and reinforce plans to deploy cell phone detection in prisons. The report also condemned jamming cell phone signals, which can cause disruption to service outside of prison in violation of the Communications Act.

SACRAMENTO–An attack on a nurse at Folsom State Prison is being investigated. Prison spokesman Lt. Paul Baker said the nurse was transported to a hospital for treatment. "They are actively investigating a possible sexual assault," Baker said.

SAN FRANCISCO–The vast majority of prisoners serving time in California's state prisons are the less-noticed second strikers, the San Francisco Chronicle reports. Twenty percent of the states prison populations are the 32,390 inmates that are serving a doubled sentence for a second strike, the newspaper reported. According to Jeanne Woodford, second-strike inmates are serving 60 and 70 years in prison, which is potentially more time than the 25 years to life for three strikers.

SACRAMENTO–California has been ordered to reduce its prison population by 10,000 inmates by November 2011 and 33,000 over the next two years. The California Department of Corrections and Rehabilitation is working on plans regarding how to comply with the court order. Polls conducted by the LA. Times and the University of Southern California suggested that 62 percent of registered voters are in favor of reducing the life sentence for nonviolent three strikers and 69 percent are in favor of early release for low-level, nonviolent offenders. The state is also working to keep low-level offenders in county jails rather than sending them to prison.

Back in the Day

Selected Stories From Past Issues of The San Quentin News

FEB. 12, 1982 –The first annual bodybuilding and powerlifting contest was held in S.Q.'s Skyline Gym. 15 "self-endowed, muscular cons presented their bulging physiques" to a panel of five female judges. Several hundred cons packed into the gym to witness the "unparalleled display of sheer brawn."

MAR. 12, 1982 – The gunman in the South Block dining hall fired one warning shot to stop an inmate who had thrown a punch at an officer who had attempted to take from him one of the two food trays he was carrying. The con was placed in Ad Seg.

MAR. 12, 1982 – Whites of the East Block bayside were slammed down after one inmate received a serious stab wound in the abdomen that required surgery. A search of the area produced one inmate stabbing instrument, according to the warden's office.

MAR. 12, 1982 – Two gunmen in the Badger Section fired a total of eight rounds when they observed two inmates on the exercise yard attack a third inmate. Three inmates were treated for birdshot wounds to the legs, calves and buttocks. There were

no racial overtones to the incident.

MAR. 12, 1982 – In a case involving a San Quentin convict, the California Supreme Court ruled 5–2 that inmates' common law spouses may be barred from boneyard, or "conjugal visits." The court said that such visits "... would represent both social folly and fiscal extravagance at a time when penal funds are needed for more critical purposes."

MAR. 12, 1981 – Note in the S.Q. News: "Due to the recent lockdowns we've had a brain-power shortage in the newsroom. Subsequently we were unable to publish last week."

MAR. 12, 1982 – The canteen price list has cigarettes at \$7per carton, and Copenhagen snuff at 75 cents. Magazines offered include Gallery, Hustler, Easy Riders, Penthouse, Playboy and Playgirl among the 26 publications that are offered for sale.

MAR. 12, 1982 – Inmates and staff alike joined in to share the abundant food at the Annual MAC Banquet. All present enjoyed the buffet style meal, after which they listened to Ninth District Assemblyman Art Agnos. **JUNE 11, 1982** – Warden Reginald Pulley was criticized

over the seizure of 6,000 copies of the S.Q. News in a dispute over an editorial about the death penalty. Prison officials objected to a "graphic description of the process" contained in the column, and maintained the article was "inflammatory" and likely to fuel violence between inmates and guards.

JUNE 11, 1982 – An R&R officer noticed "an inmate standing around bleeding." Further investigation by the observant copper determined the inmate had puncture wounds in the chest, hands and stomach. He was admitted to the hospital for treatment and observation.

JUNE 11, 1982 – A variety of outside bands combined with several inmate bands to provide the entertainment in the north dining hall for the annual Cinco de Mayo celebration. Los Banditos led off the morning, followed by several rock and country western bands.

JUNE 11 1982 – A gunman fired two shots on the North Block exercise yard to quell a fistfight between two cons. One inmate was treated at the hospital for birdshot wounds to the back and legs. The reason for the dispute appeared to have been personal.

Corrections

The "Former CDRC Chief Leads Anti-Death Penalty Group" article in the July/August issue had a repeat print of the last two questions/answers asked to Jeanne Woodford.

Also, in the July/August issue the name Sheikh Tajuddin B. Shu'aib was misspelled in the article Ramadan Fast Begins With the New Moon in August.

Frank Kellum, in the graduation article, was not identified as the acting Principal of the Education Department. Also the theme of the graduation ceremony was not mentioned, which was Human Development.

San Quentin News regrets these errors.

We Want To Hear From You!

The San Quentin News encourages inmates, free staff, custody staff, volunteers and others outside the institution to submit articles.

All submissions become property of the San Quentin News.

Please use the following criteria when submitting:

- Limit your articles to no more than 350 words.
- Know that articles may be edited for content and length.
- The newspaper is not a medium to file grievances. (For that, use the prison appeals process.) We encourage submitting articles that are newsworthy and encompass issues that will have an impact on the prison populace.

- Please do not use offensive language in your submissions.

Poems and art work (cartoons and drawings) are welcomed.

- Letters to the editor should be short and to the point.

Send Submissions to:
CSP - San Quentin
Education Dept. / SQ News
San Quentin, CA 94964
(No street address required)

San Quentin News

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www.sanquentinnews.com
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http://www.cdrc.ca.gov/Visitors/San_Quentin_News/SQ-San_Quentin_News.html

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BEHIND THE SCENES

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